



So happy to
be back at
school and
ready to
learn!



4 Platinum learning with local stick insects.



Welcome to Term 3.

As the Department of Education continue with the COVID regulations in schools, we do request that parents and carers continue to remain outside the school grounds. We are happy to help with any enquiry you may have by phone or email. If your child is late to school, please call the office from the school gate and we will come to the gate to collect your child. You do not need a late note as the teacher will sign your child in or out. **The Office number is 9389 4527 from 8.30—3.15pm.**

Any person that does come onto school grounds must complete the "External Visitors to Site Form"

The form has been updated to include any travel to Victoria. Thank you in advance for your continued support.

The **Bronte School Website** www.brontepublicschool.com is a valuable source of information for all Parents and Carers. You will find the latest information direct from the Department of Education, all Enrolment Information including Enrolment forms and other general school information.

NEW CANTEEN OPERATORS NOW

This term we have 2 canteen operators and they are kicking off this week—
(Menus below)

Monday and Tuesday - Welcomeasy

is available for delivery to school **and only operates online**

Wednesday, Thursday, Friday - Anthony Catering

is available **on-site** at Bronte school.

Welcomeasy- order thru <http://www.welcomeasy.com.au> and create your own account. Please order through the website till 10:59 PM for delivery next school day.

Anthony Catering- Please order lunches online the night before or 8am on the day. Treats can be purchased over the counter during lunch & recess.

This is a short instruction video to order using flexischools
<https://vimeo.com/388149878/8de421ed83> <https://www.flexischools.com.au/> or
download the Flexi School App and follow the steps for Bronte PS

Welcomeasy -Online ordering—Food Delivered to BRONTE SCHOOL

Monday and Tuesday (order online before 10pm night before)

COLD Specials R: \$10.00 (L: +\$2)

Includes fresh seasonal fruits!

NOW EVERYDAY! Seared Salmon Nigiri (GF)
Freshly cut salmon topped with teriyaki sauce and mayonnaise seared to a lightly charred finish. Served (R) 4 pieces and (L) 6 pieces.
Hurry - Limited availability!

NOW EVERYDAY! Salmon & Avo Roll (GF)
Freshly cut salmon with avocado rolled inside out. Served (R) 6 pieces and (L) 9 pieces.
Hurry - Limited availability!

HOT Specials R: \$7.50 (L: +\$2)

Includes fresh seasonal fruits!

MON & TUES ONLY Mac 'n' Cheese
The ultimate classic Baked Mac and Cheese topped with golden crispy crumbs, served:
• Plain (vegetarian)
• Crispy bacon

Chickee Bites (GF)
Fried fresh chicken marinated in our secret soy and honey sauce with crunchy coating, served with rice.
Add Sauce: Tomato (GF), BBQ or Mayo (GF) (+\$0.50)

THURS & FRI ONLY



Welcomeasy (.we.) are a family owned and operated business specialising in healthy (nut free) children's meals. .we. are passionate about a healthy lifestyle for children and are committed to working together with you to benefit your school community. .we. acknowledge the important role that nutritious food plays in the growth and development of children and are therefore committed to providing students with a variety of fun & healthy menu options every day. All ingredients are carefully selected for high sources of nutrients whilst limiting saturated fat, sugar and salt intake and ensuring that it's delicious to eat!

HOW TO ORDER
Order through our website till 10:59PM for delivery next school day #welcomeasylife ☺

Single meal order is available or SAVE up to 30% on your meals by subscribing to a 3-day or 5-day meal, drink and snack plan.

Note: (R) denotes Regular meals and (L) are for Large.



WINTER Menu

Welcomeasy
Healthy communities through meals

🌐 www.welcomeasy.com.au
✉ ask@welcomeasy.com.au
Find us on [f @Welcomeasy](https://www.facebook.com/Welcomeasy)

Sandwiches & Salad Meal Pack

Sandwiches (GF) \$4.00 (+\$1.50)
Wraps (GF) \$6.00 (+\$1.50)
Garden Salad (GF) \$5.50
Includes fresh seasonal fruits!

Basic Sandwiches (Smooth Wholemeal or GF)
• Vegemite, Ham, Cheese, Jam or Egg Mayo *NEW*

Wraps (White or GF)
• Ham, Cheese & Tomato
• Chicken, Lettuce & Mayo
• Egg Mayo & Salad *NEW*
• Tuna Mayo & Salad
• Cheese & Salad

Kids Garden Salad (GF)
(Lettuce, carrot, tomato and corn)
• Add: Pasta or Cheese (+\$1.00)
• Add: Chicken or Tuna (+\$1.50)

Sushi Variety Packs

Mini Rolls 8pcs (GF) \$7.00 (+\$1.50)
Sushi Wrap (GF) \$5.00 (+\$1.50)
Includes fresh seasonal fruits!

Mini Sushi Roll
Choice of teriyaki chicken, tuna mayo, avocado, cucumber rolls, salmon or tobiko. Perfect finger-sized meal.
(GF Available)

Sushi Wrap
• Tuna & Avocado
• Teri Chicken & Avo
• Schnitzel & Avo
• Avo & Cucumber
• California

WINTER Special R: \$7.50 (L: +\$2)

Includes fresh seasonal fruits!

WED ONLY Cottage Pie
English classic recipe with beef gravy topped with creamy mashed potato, baked until golden.
The comfort food to warm up kids tummies in winter! (GF)

HOT Favourites From \$5.50 (L: +\$2)

Includes fresh seasonal fruits!

Lasagna
House-made with layers of slow cooked Bolognese ragu and cheese sauce topped with fresh mozzarella & LOTS of hidden veges inside ☺
Vegetarian option available

Penne Pasta (GF Available) with:
• House Bolognese sauce only
• Vegetarian Bolognese
• Meatball Bolognese

Fried Rice (GF) (w Chicken or Vegetarian)

Mild Butter Chicken w Rice (GF)

Gourmet Pastries:
• Beef or Chicken Vegetable Pie (GF Available)
• Sausage or Spinach Ricotta Roll

SUGAR FREE-ZIES! \$2.00
Frozen 100% Natural Icy Poles
A treat for the kids without the GUILT!
* \$1 if purchased with any meals *

Snack Bag \$4.00

Includes mixed fruit snack!

Crunchy Vege Mix (GF)
Welcomeasy Mixed Berry Yoghurt Cup (GF)
Edamame or Corn Cob (GF) ★★
Baked Mini Pretzels Or Crunchy Rice Bites
***NEW* Vege Chips (GF)** 🍷
Fresh Cocoa Choc Chip Muffins
🍿 **Creation*Fresh Organic Popcorn (GF)**

Drinks (Served chilled)

Pure Spring Mini Bottled Water \$2.00
Milk
Full Cream, Chocolate, Strawberry \$2.00
Soy Drink
Original, Chocolate \$2.50
Organic 100% Juice
Apple, Orange, Apple & B'currant, Tropical \$2.50
Coconut Water \$2.50

we. welcomeasy Healthy communities through meals

SAVE up to 30% with a 3-day or 5-day meal, drink & snack plan subscription
Please check our website for allergens and dietary details of what's inside all meals.

www.welcomeasy.com.au

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Anthony Catering at the BRONTE CANTEEN
Wednesday, Thursday and Friday—on site



BRONTE PUBLIC SCHOOL CANTEEN MENU



Our Canteen is Open Wednesday, Thursday & Friday. We ask that all lunch orders are done online. Treats can be purchased over the counter with

<u>BREAKFAST & RECESS</u>		<u>BIG CRUNCH SUSHI - Gluten & Dairy Free</u>		<u>SNACKS</u>	
✓ Toast - 2 Slices	\$2.00	✓ Chicken Teriyaki & Cucumber Roll	\$4.50	✓ Red Rock Deli Sea Salt Chips	\$2.00
✓ Cheese Toasie - Full	\$3.00	✓ Tuna & Cucumber Roll	\$4.50	✓ JATZ Minis	\$2.00
✓ Ham & Cheese Toastie	\$4.00	✓ Cucumber Bite Box - Vegetarian	\$4.50	✓ Koala Lightly Salted Popcorn	\$2.00
		<small>Sushi available only Wednesday - Thursday - Friday</small>		✓ Carrot and Celery Sticks - Vegan	\$3.00
<u>SANDWICHES - WRAPS - SUBS</u>		<u>SALADS</u>		✓ Carrot, Celery Sticks, Hummus & Wrap Bread	\$4.00
✓ Chicken & Salad	\$4.50	✓ Fruit Salad Tub	\$4.00	✓ Mini Banana Bread	\$1.50
✓ Chicken, Lettuce & Mayonnaise	\$4.50	✓ Water Melon Tub	\$4.00	✓ Low Sugar Jelly Cups - Dairy Free	\$2.00
✓ Ham & Cheese	\$4.00	✓ Garden Salad - Vegetarian	\$5.00	✓ Fresh Apples or Oranges	\$1.00
✓ Ham, Cheese & Tomato	\$4.50	✓ Greek Salad - Vegetarian	\$5.00	✓ Home Made Mini Muffin	\$2.00
✓ Vegemite or Jam	\$3.00	✓ Greek Salad with Grilled Chicken	\$5.50	✓ Home Made Mini Cookie	\$2.00
✓ Cheese	\$3.00	✓ Garden Salad with Grilled Chicken	\$5.50	✓ Fresh Yoghurt & Whole Berries	\$3.50
✓ Cheese & Vegemite	\$3.50	✓ Caesar Salad with Grilled Chicken	\$5.50	✓ Twisted Frozen Yoghurt	\$3.00
✓ Cheese & Tomato	\$4.00	✓ Tuna Salad with Corn, Lett, Carrot & Cues	\$5.50	✓ Quelch Juice Tubes - Dairy Free	\$1.00
✓ Egg, Lettuce & Mayonnaise	\$4.50	<u>HOT FOOD</u>		✓ 100% Frozen Fruit Juice Cup - Dairy Free	\$2.00
✓ Salad	\$4.00	✓ Homemade Veg Fried Rice	\$4.00	✓ Ice Mony Frozen Treats	\$2.00
✓ Tuna, Lettuce & Mayonnaise	\$4.50	✓ Lean Fat Sausage Roll	\$4.50	✓ Moosie Frozen Milk Treat	\$2.00
✓ Meatball Sub with Cheese	\$5.00	✓ Lean Fat Pie	\$4.50	<u>DRINKS</u>	
<u>TOASTED CIABATTA ROLLS</u>		✓ Sausage Sizzle - Wednesday Only	\$4.00	✓ Plain Milk	\$2.00
✓ Ham, Cheese, Avocado & Fresh Tomato	\$5.00	✓ Baked Chicken Nuggets	\$4.50	✓ Bottled Water	\$2.00
✓ Eggplant, Fresh Tomato, Sundried Tomato & Cheese	\$5.00	✓ Home Made Lasagne	\$4.50	✓ 100% Apple Juice 300mL	\$3.00
✓ Garlic Chicken, Avocado, Bacon, Fresh Tomato & Aioli	\$5.00	✓ Nachos - Thursday Only	\$5.50	✓ 100% Apple Black Currant Juice 300mL	\$3.00
<u>TOASTED WRAPS</u>		✓ Home Made Pasta Bolognese	\$4.50	✓ Hot Chocolate	\$2.50
		✓ Home Made Pasta Napolitana - Vegetarian	\$4.50	✓ OAK Chocolate Flavoured Milk	\$3.00
		✓ Home Made Pasta & Cheese - Vegetarian	\$3.50	✓ OAK Strawberry Flavoured Milk	\$3.00
		✓ Beef Ravioli	\$5.00	✓ Chill J Sparkling Fruit Juice - 5 Star Rating	\$3.00
		✓ Butter Chicken Rice Bowl - GF & DF	\$5.00	✓ EVERYDAY FOODS	
		✓ Honey Soy Chicken Noodles - GF & DF	\$5.00	✓ OCCASIONAL FOODS	
		✓ Chicken Schnitzel Rice Bowl - GF & DF	\$5.00		
		✓ Teriyaki Chicken Rice Bowl - GF & DF	\$5.00		
		✓ Hokkien Noodles with BBQ Pork	\$5.00		

Bronte Public School Canteen accepts all online orders using FlexiSchools - Setting up an online account is easy!

* For any Gluten Free Sandwiches add 50c
 * All Sandwiches and Wraps can be Toasted - No Charge
 * All Sandwiches and Wraps are made with Wholemeal
 * All Cheese is Mainland Reduced Fat Tasty Cheese
 * All Chicken free range, marinated in garlic/mustard then grilled, we also use lean beef for our meals.

1. Go to www.flexischools.com.au
2. Select register option & enter your email address
3. You will be sent an email, click on the link to complete
4. Fill in your details on the registration form & submit
5. Add your students, select their school & class

OUR KITCHEN IS ALLERGY AWARE

According to the new Healthy School Canteens Strategy of NSW you should fill at least 1/3 of your menu with Everyday snacks, meals and drinks, with Occasional items making up 2/3 of your menu. * <https://healthyschoolcanteens.nsw.edu.au>

Effective Term 3 2020

Kids these days!

Students using Zoom to participate in GATEWAYS conferences



From the Principal

Welcome back everyone!

Over the holidays a group of Bronte parents and ATC volunteers spent time gardening at school. Thanks to Tom Mitchell Taverner for organising the working bee and liaising with the council to get free advice and some plants for the Murray St side of the school. Whether you think of it as the front or side of the school it is the view most people see from the road. A big thank you to all the parents and students who helped weed, sweep and plant along the wall and outside the hall.

The sun has been shining on all the happy faces back at school and Term 3 teaching and learning programs commenced from day one. On Monday the student free day, teachers worked on the Bronte writing project and developed Term 3 programs including engaging Geography lessons for all grades. To celebrate Education Week this term there will be a special edition of the newsletter highlighting our students writing from Kindergarten to year 6 with some information about our writing project. We continue to have a safe but positive outlook at school and are looking for ways to share what students are doing with you.

The P&C would love some help from a parent with graphic design skills to update the P&C logo. Contact the P&C through their facebook page.

Have a good week!

Catherine Ryan



The Pick up Zone is **from 2.45pm Monday to Friday**

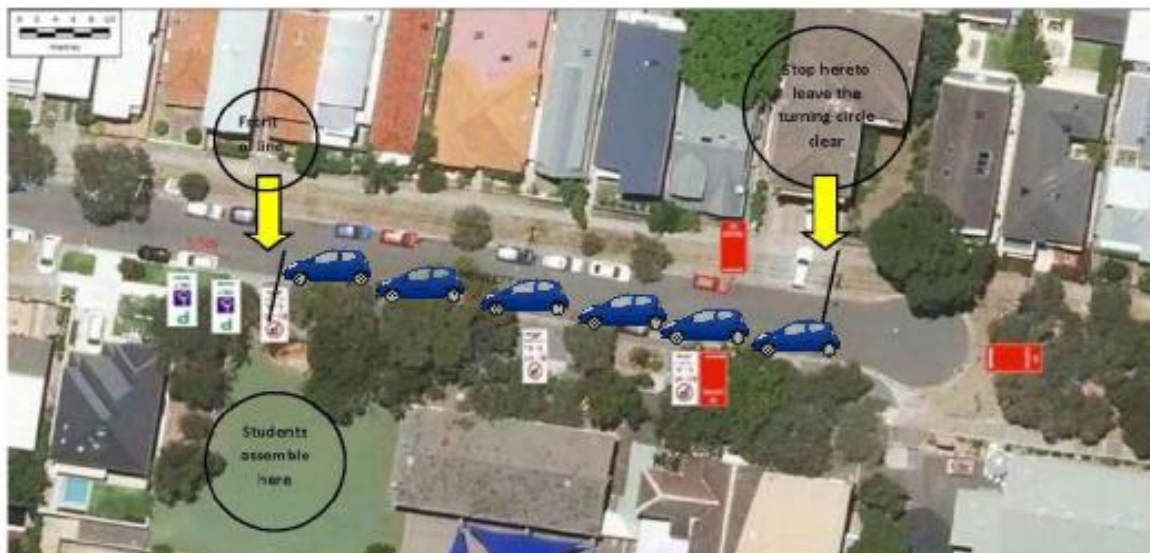
In the cul-de-sac of Hewlett Street

PLEASE REMAIN IN YOUR CAR AND KEEP MOVING UP IN THE QUEUE



Pick Up Zone

From 3pm Monday to Friday



- Cars line up (**surname displayed on left dashboard or sun visor**).
- Engines stay on (**parent/carer remains in the car**).
- Student's belonging to the first 3 cars are loaded (**with teacher and/or parent helper assistance and supervision from top driveway gate only**).
- First 3 cars drive away.
- Car line moves up.
- Student's belonging to the next 3 cars are loaded, then drive away.
- Car line move up.

Bronte Public School Online Library

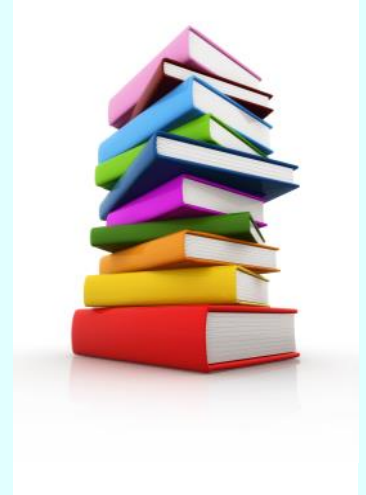
24/7 Access

There are 3 easy ways to have access to over 1700 online eBooks and audio books.

To log in from computers, tablets and smartphones, the easiest way is to download the App for free, which is available from any App store. Students then need to search for Bronte library and sign in using their school username and password.

Students can also borrow books from our library system Oliver by logging into the Orbit page. They just need to search for the NSW DoE Student Portal in *GOOGLE* and access Oliver from there.

Another way to log in is to type the following address, <https://bronteps.wheelers.co/>, into the address bar/URL bar and then sign in using their school username and password.



P&C NEWS

Graphic Designer Needed

The P&C are looking for a graphic designer for a simple logo design. Is that you, do you know anyone, or are there any past students now working in the field who would like to help?

Contact: brontepandc@gmail.com

2. Shop Local

Feel free to amend and shorten the below text this as required. I am also not sure if the image will come up well, so feel free to leave that out.

Local Business Owners Wanted

Bronte P&C have created a 'Shop & Raise' page on their website to raise funds for the school and support local business.

They are looking for anyone in the local community (particularly the school community) who runs a local business and who would like to be listed. By listing you must commit to a percentage of sales made from the website to the P&C.

Website: www.brontepandc.com

Contact: brontepandc@gmail.com

Challenge... a call to prove or justify something.

More people have climbed Mt Everest than have swum the English Channel from England to France. The water is very cold, there is plenty of swell, large tides and jelly fish. The straight line distance is 36km however this ranges widely depending on conditions.

Meet best mates Quinn Darragh and Luke Stewart. They love a challenge and a great cause. In September 2020, the challenge is to individually swim the English Channel. The pandemic has taken the challenge that will already test them to their limits, to another level.

When all pools closed, followed by Waverley Council and then Randwick Council beaches earlier this year, with no timeframe for reopening, you could have forgiven Quinn and Luke for throwing in the towel.

The pair were forced to ocean swim under the cover of darkness. Applying responsible physical distancing measures, they were joined by successful English Channel swimmers, Emily Miers and Murph Renford.

As Quinn puts it, "When its 5am and pitch black, the wind is blowing off the mountains, the water is cold and you can't see the swell coming towards you, you're not sure what is under you and you're in your swimmers, you think wow – we better get a shot at this bloody swim!". Luke adds, "You have to keep coming back to your purpose to get you through, and the respect you have for your swimming partners to keep fronting up".

Both Quinn and Luke have had to overcome their own health challenges, contributing to their positive mind-set today. Quinn was diagnosed with Crohns disease at 12 years of age. Crohns is a painful and debilitating autoimmune disease that can affect the entire gastrointestinal tract. In 2013, just before the birth of his first son, pre-cancerous cells forced him into surgery to have his entire large intestine removed. Working as a professional lifeguard at Bondi beach, he continued working with the colostomy

bag that he kept from his workmates until the second surgery was scheduled to rebuild his digestive tract. The second surgery was a success, however resulted in an excruciating blockage the first time he ate, followed by sepsis and re-hospitalisation. With a young family, Quinn lay on his hospital bed thinking of ways he could show his young son that when life gets tough, there's an appropriate way to respond.

As a CEO and Managing Director of professional services firm EMM Consulting, Luke shares that co-founding and growing a company at the same time as having a young family presented many challenges along the way. "For a long period, I was trying to be the perfect person at work, husband, father and still get my training done. I put too much pressure on myself over a long period of time and thought I was going crazy for a while. Despite this I always kept moving forward and learnt how to best focus this drive."

Without having a swimming background, for Luke, the swim provides a unique opportunity to prove that if you put in the effort and focus, anything is possible. Quinn adds "I love a challenge and this swim will be the biggest challenge to date. Hopefully, this also inspires a few people to challenge themselves and get outside their comfort zone".

The pair are aiming to raise \$74,000 for the Running for Premature Babies Foundation after Quinn and his wife Sheree's son Ryder, was born at 27 weeks, weighing just 1kg, and benefitted from lifesaving equipment provided by this charity. All money raised will go to Running for Premature Babies to fund the purchase of a neonatal ventilator for the Royal Hospital for Women NICU, which will help save the lives of over 600 critically ill babies. Head to www.quinnswim.com or www.lukeswim.com.au for more information about their journey or to make a donation to Running for Premature Babies.





Bronte Public School

**Kindergarten
Transition Information**

Wednesday September 2 2020
Wednesday October 21 2020
Wednesday November 11 2020
Time 9.15am - 10.30am

Enquiries Welcome

The pathway to learning starts with the first steps in Kindergarten




Hewlett Street Bronte NSW 2024
P: 02 9389 4527
E: bronte-p.school@det.nsw.edu.au
W: bronte-p.schools.nsw.gov.au

PRIMARY SCHOOL WEAR— SCHOOL UNIFORM SUPPLIER HAS NEW OPENING HOURS AT THE KINGSFORD STORE IF YOUR LOOKING TO PURCHASE A NEW UNIFORM—ONLINE ALSO AVAILABLE.



Retail Operations Update

IN LIGHT OF RECENT COVID-19 DEVELOPMENTS, WE WILL BE ADJUSTING OUR RETAIL STORE TRADING HOURS FROM MONDAY, JULY 20.

Tuesday - Friday 10am - 5pm
Saturday 10am - 1pm

****NOTE: SUNBURY STORE // WED, THUR, FRI 10AM - 4PM & SATURDAY 10AM - 1PM**
KINGSFORD STORE // WED, THUR, FRI 10AM - 5PM & SATURDAY 10AM - 1PM

OUR ONLINE STORE REMAINS FULLY OPERATIONAL AND IS PROCESSING ORDERS AS USUAL AT WWW.PSW.COM.AU



Kickeroos at Bronte Public

7.30am-8.30am Friday

Years K – 6 (must book to secure spot)

DATE

Term 3 (8wks)
31st July–18 Sep

TIMES

7.30am Friday

Venue

Bronte Public
School

[Book Online Now](#)

www.kickeroos.com.au or call 0416 628 531

Learn Music on Keyboard at School

*Great songs! Musical activities!
Cool music knowledge!*



- Convenient at-school venue
- Small group, 45 min weekly lesson
- Competitive rate
- Instrument not required initially

Creative Kids Voucher accepted

Enrol to start now or register for 2020

(02) 9411 3122

www.learnmusicatschool.com.au



VIP .Music est. 1984

BRONTE PUBLIC SCHOOL BASKETBALL SESSIONS

TUESDAYS 7.45AM - 8.30AM
AT BRONTE P.S BASKETBALL COURT
REGISTER AT:
WWW.EASTSBL.COM.AU/PRODUCTS/BPS
EMAIL: INFO@EASTSBL.COM.AU

CHECK OUT
WWW.EASTSBL.COM.AU
FOR INFORMATION ON
JOINING A TEAM OR LEARNING
TO PLAY BASKETBALL IN BONDI



EXTRA CURRICULAR ACTIVITIES 2020

VISUAL ART CLASS

Wednesday and Thursdays 3 - 4.30pm in classroom 3 White
Contact Karen: 0408 716 841 or email info.karen@gmail.com

VIP MUSIC

Learn Music on Keyboard. Music theory, ensemble practice 45min lesson, small group, music material included. Tuesday morning 8.10 - 8.55am in Admin building – end classroom
Contact: 9411 3122 www.learnmusicatschool.com.au

SCHOOL BAND Junior and Senior – PRIVATE LESSONS

Children in Years 2 to Year 6 have the opportunity to join the Bronte School Band program, run by The Music Partnership alexblen@musicpartnership.com.au
Contact: Alex Blen 0404 494 487

KICKEROOS

Friday morning 7.30-8.30am. Top grass area Contact Melanie: 0416 628 531
Email: melanie@kickeroos.com.au

EASTS BASKETBALL LEAGUE

Tuesday mornings 7.45 – 8.30 Bottom Grass Courts
Contact: James 8283 5161 Register: WWW.EASTSBL.COM.AU
Search Bronte School

Please note - all classes run for an 8 week Term starting in week 2*